



It's only natural

Greenland Ice Cap Water is the
purest natural drinking water on earth
with a TDS: < 5 ppm

Fresh, unspoiled and unchanged. The origins of Greenland Ice Cap Water date back thousands of years to the very birth of the Arctic. Over several ice ages, Greenland Ice Cap Water has been preserved in the vast ice cap west of Ilulissat in Greenland. This is one of a kind haven for one of the planet's most precious treasures – pure natural drinking water.

Your body needs pure water, like Greenland Ice Cap Water

The body's absorption of vitamins and minerals is significantly improved when the body does not have to combat and sort "waste". You should drink your body weight x 0.033. For example, a body weight of 80 kg: $80 \times 0.033 = 2.64$ litres. A loss of hydration of just 2% reduces performance by a full 20%. Start with 1-2 glasses of water in the morning. You are actually already dehydrated when you wake up.

Facts about pure water like Greenland Ice Cap Water

- Pure water both lubricates and softens joints and tissue
- Pure water improves digestion
- Pure water removes toxins from your body. When the kidneys are overloaded, the body begins to defend itself and transforms muscles into fat, which builds up and retains toxins
- Pure water reduces headaches, fatigue, stress etc. The brain is 75% water
- If you are dehydrated your skin will age faster
- Circulation-related illnesses can be corrected with pure water
- Calcification of the eyes can be remedied with pure water

TDS is an expression of purity. The lower, the purer. Most water products on the market have a TDS over 200 ppm. Greenland's Government receives a royalty for each bottle sold.

